## High Level Performance

## The Plan

- 1. Restore the funding required to maintain a Junior and Cadet national programme, plus an Under 12 National Squad with the features as below.
- 2. Establish national junior and cadet squads with 5 boys and 5 girls in both junior and cadet levels, selecting the best prospects. This would be 20 players in total. The squads would need to follow the programme as below.
- i. 40 days squad training per year with the costs of accommodation, coaching and travel covered. This would be  $6 \times 5$  day camps in the school holiday and  $6 \times 2$  day weekend camps on free weekends. Appropriate practice partners to be invited.
- ii. Appoint a highly qualified and experienced coach to be in charge of each of the teams and for that coach to run the camps and take the teams to matches, both in this country and abroad.
- iii. Arrange an international event programme with minimum 6 overseas competitions, including the European Youth, with the coach required to be in the corner with the players as often as possible.
- iv. The team coach to work with each of their 5 players with their personal home programme co-ordinating with clubs, personal coaches and parents to ensure maximum improvement is maintained.
- v. To run an Under 12 programme consisting of the best 5 boys and 5 girls with regular training and some competition under a specialist dedicated expert coach.
- vi. Encourage a home competition programme for the squad members including British League, JBL, County Championships, National Championships, Grand Prix and 4 Star Junior Tournaments. Revise the competition programme to ensure the best Junior and Cadets compete with a Senior player both at their level and above.
- 3. Re-establish the Selection Committee consisting of a volunteer Chairman with strong table tennis High Performance knowledge and giving the Chairman the opportunity to select his team, as well as ensuring that we have Board Members with experience in High Performance Membership.

**Alan Ransome** 

6<sup>th</sup> April 2021